



Date: _____

Rider: _____ Weight: _____ (in jeans/t shirt) Height: _____

Address _____

Contact Tel _____ e-mail _____

Machine Manufacturer: _____ Year of Manufacture _____

Front Suspension – Manufacturer _____

Static sag _____ mm Race sag _____ mm

Fork position triple clamps _____ mm Fork oil _____ w Fork air gap _____ mm

Fork Spring Rate _____ N/mm Fork Spring Preload _____ turns

Fork ext comp clicks _____ Fork ext rebound clicks _____

Rear Suspension – Manufacturer _____

Static sag _____ mm. Race sag _____ mm

Shock Spring rate _____ N/mm Shock Spring Preload _____ mm

Shock oil _____ w Shock nitro gas pressure _____ psi/bar

Shock ext Hi speed turns _____ Low speed comp clicks _____

Shock ext rebound clicks _____

Front Tyre Manufacturer _____

Type _____ Size _____ Pressure _____ psi

Rear Tyre Manufacturer _____

Type _____ Size _____ Pressure _____ psi

Frame Alignment

Front axle to rear axle _____ Front axle to swing arm _____ Rear axle to swing arm _____



Current Performance Record

Date: _____

Rider Name: _____

Rider Feedback Dry - General

Rider Feedback Wet - General

Accelerating straight-line

Accelerating out of a corner

Braking

Cornering

Turning in

Mid Corner

Exit



SHOWA

